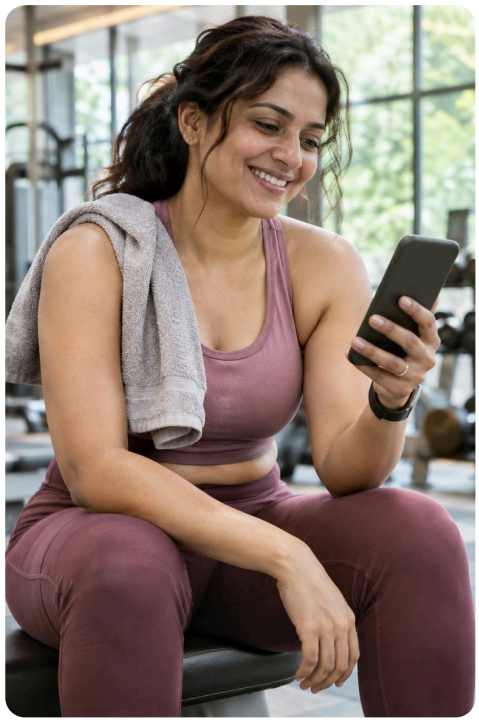
CloudSpital

Health Matrix
BY CLOUDSPITAL

GYM AND FITNESS PROGRAMME

HealthMatrix for Gyms



Check-ups where your members train.

A Cloudspital Health ATM at your gym, a digital HealthMatrix card for every member who joins, and a partner console that shows your managers the group's totals, never anyone's results.



More than the mirror
body composition, blood pressure, sugar and more

Results stay private
the gym sees group totals, never anyone's results

5-year on-site warranty
delivery in 10 days, installation in 7

ABOUT THIS BROCHURE

A complete health programme for your gym.

This brochure explains how HealthMatrix for Gyms works: what your members get, what the gym sees and how we set it up. It ends with a simple way to begin.

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At a glance

WHAT IT IS	A Health ATM at your gym, a HealthMatrix card and app for each member who joins, and the partner console.
WHO JOINS	Members aged 18 and over who say yes in the HealthMatrix app.
TESTS	48 to 170 in one check-up, depending on the model, including body composition.
RESULTS	A Smart Health Report at the Health ATM, saved to the member's app when they confirm.
DOCTOR	Verified doctors on video from the HealthMatrix app, with e-prescriptions.
GYM SEES	Group totals and kiosk use, never anyone's results.
RUN BY	A member of your staff, trained by us.
SERVICE	Delivery in 10 days, installation in 7 and a 5-year on-site warranty.
DATA	Stored in India and built for India's DPDP Act, 2023.

CLOUDSPITAL IN NUMBERS

16 lakh+
screenings recorded on our Health ATMs and kiosks

1,500+
units in government installations, pan-India

19 + states
and a presence in 6+ countries

170 tests
on Arc Max, in 18 clinical panels with 22 devices

01 WHY IT MATTERS

Fit on the outside. Checked on the inside.

Members track their weight and their workouts, but rarely their blood pressure, sugar or cholesterol. A Health ATM at the gym adds the numbers the mirror can't show, and a reason to come back every few months.



10 crore+

Indians are living with diabetes.

Source: ICMR-INDIAB study, 2023.

31 crore+

Indians have high blood pressure.

What changes when check-ups come to the gym

Body composition, not just weight.

Weight, BMI and body composition from the Health ATM, on one timeline in the app.

The numbers behind the workout.

Blood pressure, pulse and sugar, with cholesterol, HbA1c and ECG on the models that have them.

A doctor when it's needed.

Verified doctors on video from the HealthMatrix app, with e-prescriptions.

For your members

- A check-up at the gym, without a trip to the lab
- Their own digital health card, app and records
- Progress they can see, check-up after check-up
- Results that stay private to them

For your gym

- A health benefit that sets your gym apart
- A reason for members to come back every few months
- One partner for the Health ATM, software, training and service
- A one-page monthly report for your managers

Testing before training, right at the gym.

Most illness is found late. Labs are far away, reports take days and doctors are not everywhere. A Health ATM brings a full check-up to the places people already go, including the gym.

02 THE PROGRAMME

One programme. Four parts that work together.

The Health ATM is where the check-up happens. The card and app keep each person's results. The partner console shows the gym the bigger picture, without anyone's personal data.

01

A Health ATM at your gym

Check-ups on site, from 48 to 170 tests depending on the model, run by someone we train.

02

A Smart Health Report

Each reading with its status and healthy range, ready at the Health ATM and saved to the app when the person confirms.

03

The HealthMatrix card and app

A digital card with your logo beside ours, an emergency QR, and their records in one place.

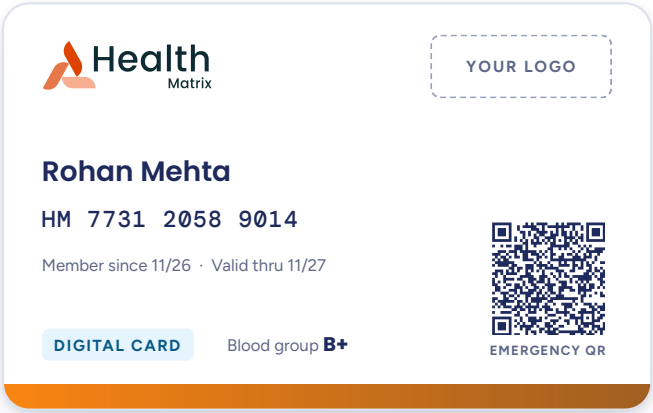
04

The partner console

Your sites, Health ATMs and people, group totals for each closed month and quarter, and a monthly report.

Each person sees their own full results, in their own app

The gym sees totals only



A co-branded digital HealthMatrix card, with demo values. While a person is in your programme, their card shows your logo beside ours. Anyone who scans its QR sees only the emergency details the person switches on: blood group, allergies, conditions and contacts.

Made for every kind of fitness centre

- Gyms and fitness clubs
- Yoga and wellness studios
- Sports clubs
- Chains with many branches

With our Health ATM software

- A guided check-up in Hindi or English, with Ekaay's voice
- Eye and hearing tests, and a camera face scan on the models that have it
- Reports saved to HealthMatrix with a QR or code
- Our own software, hosted in India

For your managers, it comes down to three tasks.

01 Sign the agreement

02 Upload your list

03 Read the monthly report

03 HOW PEOPLE JOIN

Nobody joins until they say yes.

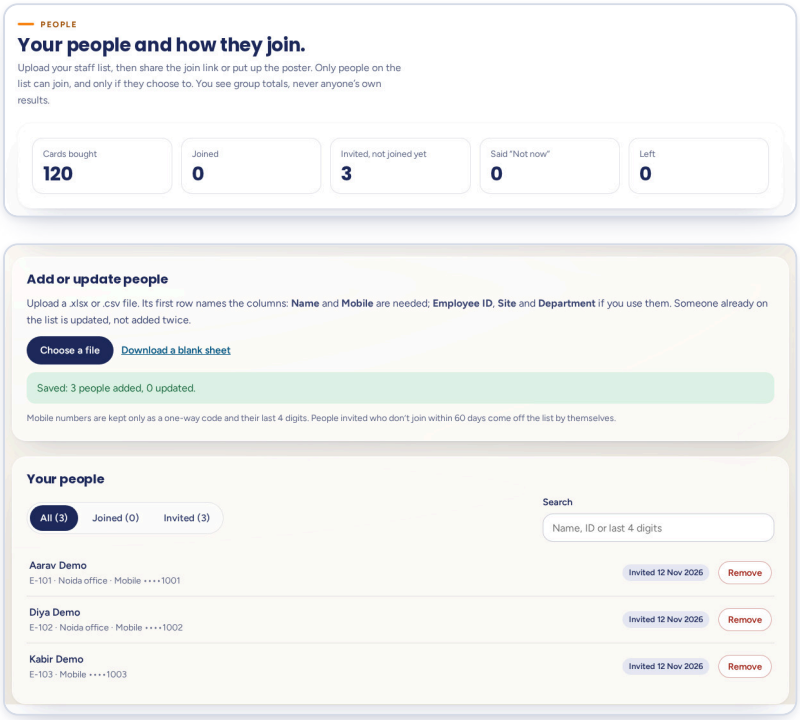
You upload a list of names and mobile numbers, then share your join link or put up your QR poster. Each person reads what is shared, in English or Hindi, and chooses in the HealthMatrix app.

Step 1
Tell us about you
Your gym, your sites and how many people the programme is for.

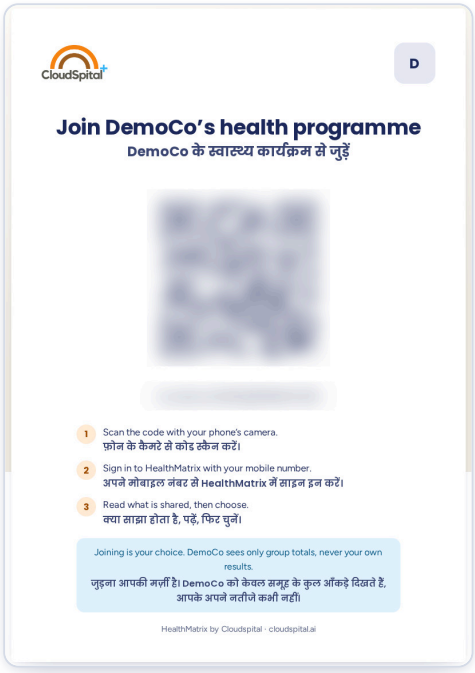
Step 2
We set it up
Your Health ATMs, sites and logo go into your partner console, with your first admin login.

Step 3
Bring your people in
Upload your list, then share the join link or put up the QR poster. Each person says yes in the app.

Step 4
Check-ups
Reports reach each person's app. After each month closes, the console shows the group's totals.



DEMO DATA **People, in the partner console.** Upload a .xlsx or .csv file: name and mobile number are all it needs. You see who is invited and who has joined, and only how many said "not now" or left.



DEMO DATA **Your join poster, in English and Hindi.** Its QR and link are hidden in this demo.

Before anyone joins, the app shows them, in English or Hindi:

- The details used, and why
- What the gym sees: group totals, and that they have joined
- What the gym never sees: their results and records
- How to leave, at any time

Numbers kept safe
Mobile numbers on your list are kept only as a one-way code and their last four digits.

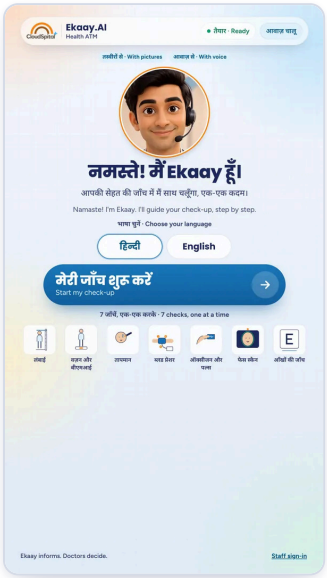
Only people on your list
People who are invited but don't join within 60 days come off the list by themselves.

Free to leave
Anyone can leave the programme at any time, and keeps their card, records and app.

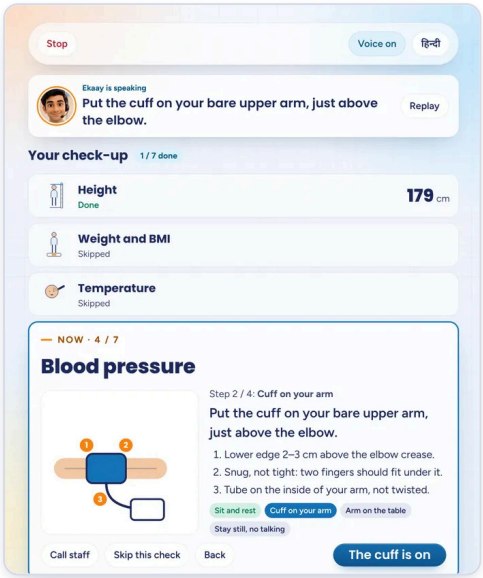
04 THE CHECK-UP

A guided check-up, test by test.

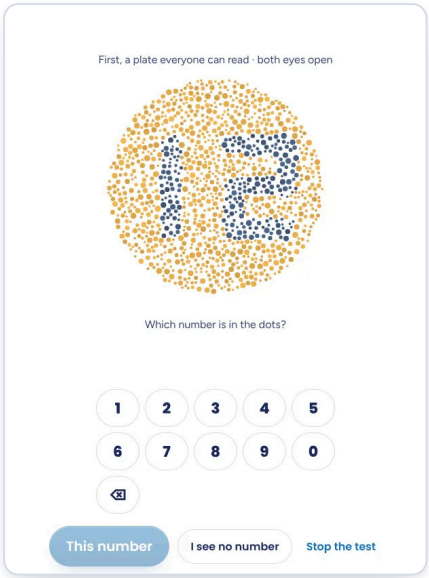
Cloudspital's own Health ATM software guides each person in Hindi or English, reads the connected devices and adds eye and hearing tests and a camera face scan. Every screen below is from the kiosk.



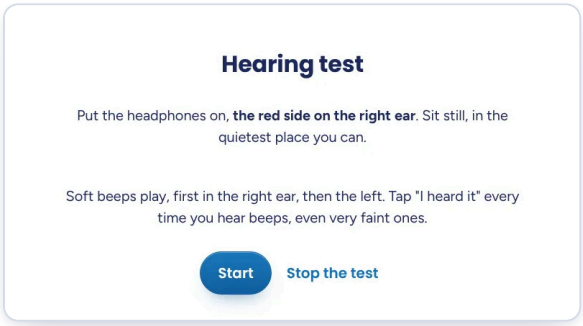
DEMO DATA **The guided check-up,** in Hindi or English.



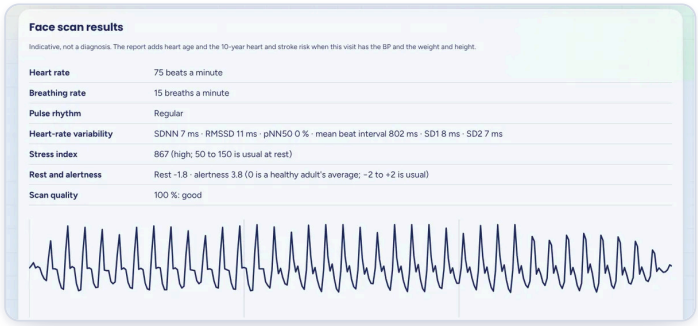
DEMO DATA **Step by step,** with pictures and Ekaay's voice.



DEMO DATA **The colour vision test,** one of three eye tests.



DEMO DATA **The hearing test,** ear by ear, with headphones.



DEMO DATA **The face scan's readings,** with the scan's quality. Wellness indices, not a diagnosis.

Readings from the devices
Blood pressure, SpO2 and pulse, temperature, weight, height, sugar, haemoglobin, cholesterol and uric acid.

Eye tests
Near vision, colour vision and astigmatism, on the screen.

A hearing test
A pure-tone test with headphones, one ear at a time.

A face scan
A 30-second camera scan for heart rate, breathing, heart-rate variability and a stress index.

The Smart Health Report
Each reading with its status and healthy range, ready at the Health ATM.

Tools for the operator
One check tests every connected device, and each test can be switched on or off.

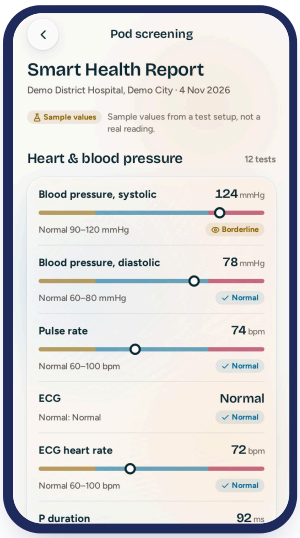
For members
Weight, BMI and body composition, blood pressure and pulse, and on the models that have it, the face scan's heart-rate variability. Tests vary by model and by each Health ATM's settings.

The Health ATM software
Scan, or visit
cloudspital.ai/health-atm-software

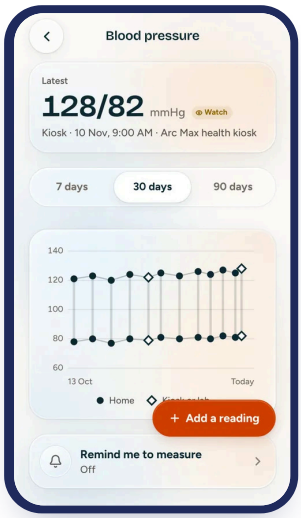
05 THE REPORT AND THE APP

Results in their app. Under their control.

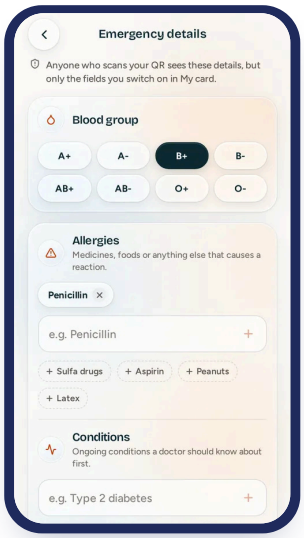
Every check-up ends with a Smart Health Report. A QR or code on it saves the report to the person's HealthMatrix app, only when they confirm, beside their prescriptions, medicines and readings.



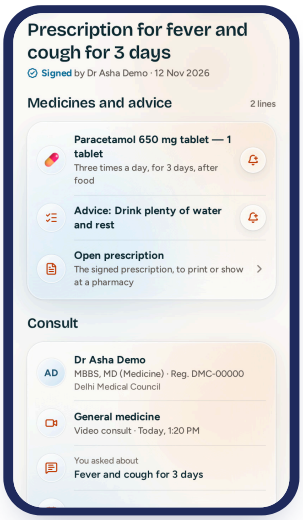
DEMO DATA **A Smart Health Report** in the app, with sample values.



DEMO DATA **Readings over time,** from the kiosk and from home.



DEMO DATA **The emergency details** the card's QR shows.



DEMO DATA **A signed e-prescription,** in their records.

The check-up
At a Cloudspital Health ATM.

→

Scan the QR
On the report, in the app, or type its code.

→

Confirm
Nothing goes into their records until they confirm.

→

Share if they choose
A doctor sees records only with their code.

One timeline
Health ATM reports, prescriptions and readings in one place.

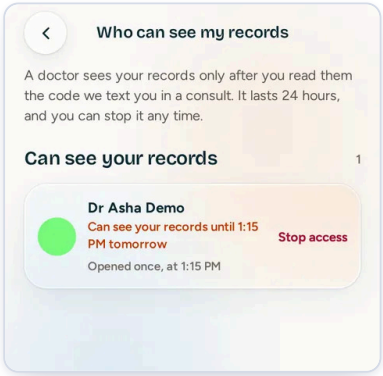
Medicines and readings
Medicines with reminders, and readings such as blood pressure over time.

Simple sign-in
With their Indian mobile number and a code sent by SMS.

An emergency QR
Only the details they switch on: blood group, allergies, conditions and contacts. On the lock screen too.

Their records, their call
A doctor sees their records only with a code they read out in a consult, for a day at most.

Theirs to keep
If they leave your programme, their card, records and app stay with them.



DEMO DATA **Who can see their records,** with Stop access.

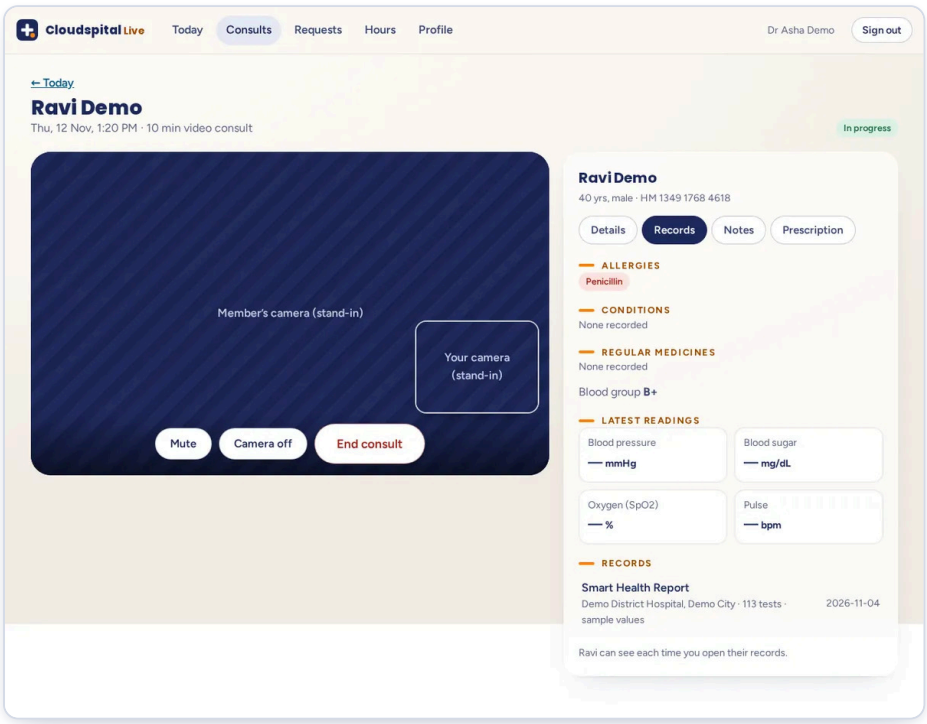
Ekaay informs. Doctors decide. The report shows each reading beside its healthy range, and a doctor decides what any reading means. Screens are from the HealthMatrix app, with demo data.

The HealthMatrix app
Scan, or visit
cloudspital.ai/healthmatrix

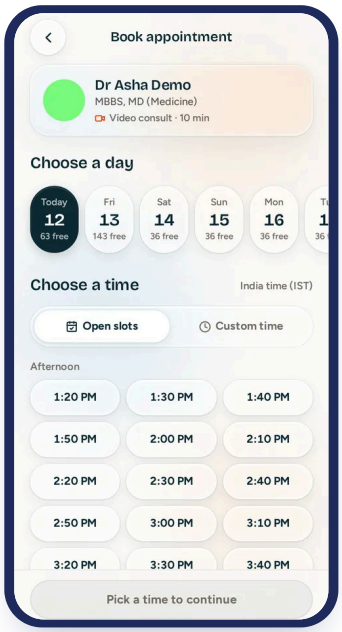
06 DOCTORS ON VIDEO

A verified doctor, on video, when it's needed.

Members book a verified doctor in the HealthMatrix app and consult on video through Cloudspital Live, our console for doctors. The doctor sees their records only with a code they read out, and the prescription arrives in their app.



DEMO DATA **Cloudspital Live:** the consult, with the records the member chose to share. The dark panel stands in for the video.



DEMO DATA **Booking a doctor** in HealthMatrix.

01

The waiting room

The member books a slot or joins the waiting room in HealthMatrix, and the doctor admits them.

02

The records

The member reads out a one-time code, and their records open for this consult.

03

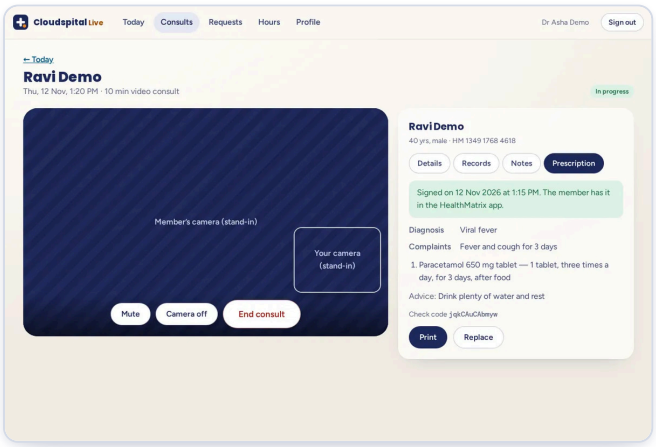
The consult

On video, in rooms hosted in India. Nothing is recorded.

04

The prescription

Signed with the doctor's PIN, with a QR check page, and sent to the member's app.



DEMO DATA **The prescription,** signed with the doctor's PIN.

- Doctors join with their medical registration and signature, and Cloudspital checks each one before they consult
- Prescriptions follow the Telemedicine Practice Guidelines, 2020
- Jan Aushadhi generic medicines are suggested as the doctor writes
- A pharmacist can check any prescription from its QR

Cloudspital Live
Scan, or visit
cloudspital.ai/cloudspital-live

07 THE PARTNER CONSOLE

Your programme, at a glance.

A secure web console at partners.cloudspital.ai for your managers. Admins manage the people list, logins and activity; viewers read the dashboards. Every health number is a group total for a closed month or quarter.

CloudSpital | Partner console — Home | Health insights | Cards | Kiosks | People | Logins | Activity — SAMPLE VIEW, DEMO VALUES

YOUR GYM

Demo Fitness Club

120 HealthMatrix cards · 1 site · 1 Health ATM

Monthly report

Cards bought	Joined	Checked up last month	Kiosk check-ups this month
120	96	64	141
110 invited	87% of invited	of 96 members	everyone screened, walk-ins too

Results last quarter

88 members checked up

TEST	NORMAL	WATCH	BORDERLINE	HIGH	LOW
Blood pressure	41	18	12	17	–
Blood sugar	58	11	9	10	–
Cholesterol	49	16	13	10	–
BMI	30	–	22	31	5
Haemoglobin	66	–	10	fewer than 5	9

Groups and tests with fewer than 10 people are merged or left out.

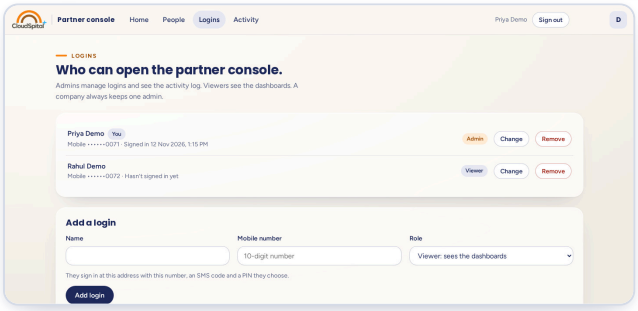
Findings last quarter

- **17 of 88** members checked up had high blood pressure, up from 13 the quarter before.
- **Fewer had high blood sugar:** 10, down from 14.
- **31 of 88** had a BMI above the healthy range.

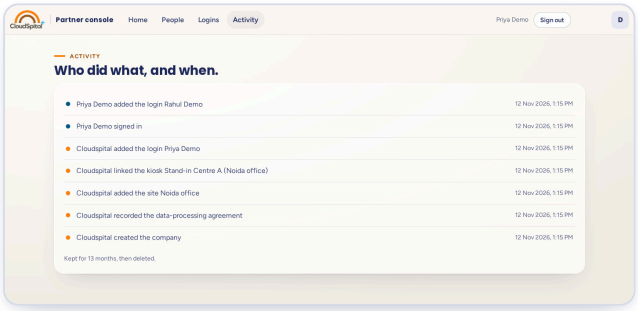
Lobby Health ATM

last used today

fewer than 5	23	141	8–9 am
today	this week	this month	busiest hour



DEMO DATA **Logins:** admins and viewers, each with their own PIN.



DEMO DATA **Activity:** who did what, and when.

Overview

Cards, joining, check-ups last month and three findings from the last quarter.

Health insights

Normal, watch, borderline, high and low on each test, by site, department, age group or sex.

Cards

Cards bought, invited and joined, by site and department, and emergency cards ready.

Kiosks

Each Health ATM's check-ups today, this week and this month, and its busiest hours.

Monthly report

One A4 page for each closed month, with your logo beside ours.

People — ADMINS

Upload the list, share the join link and print the poster. No health information here.

Logins — ADMINS

Add admins and viewers. Viewers see the dashboards only.

Activity — ADMINS

Who did what and when, kept for 13 months.

Admins and viewers sign in with their mobile number, a code sent by SMS and their own PIN. The sample view above is an illustration with demo values; the screens below it are from the console.

08 PRIVACY BY DESIGN

Their results stay theirs.

The programme is built around consent and India's Digital Personal Data Protection Act, 2023 and its Rules, 2025. People choose to join, see exactly what the gym will see, and can leave whenever they like.

What the gym sees

TOTALS ONLY

- How many cards were bought, invited and joined
- How many members had a check-up in each closed month and quarter
- Group totals for each test: how many were normal, watch, borderline, high or low
- Kiosk use: check-ups by day and the busiest hours
- A one-page monthly report, with your logo beside ours

What the gym never sees

EVER

- Any one person's results or reports
- Whether a person has had a check-up
- Who said "not now" or left, only how many
- Medical records, prescriptions or the emergency card
- Anything a person hasn't chosen to share

The person's app
Every result in full, visible only to them.

→

Totals, once a month
Counted for groups of 10 or more, after the month closes.

→

The partner console
Group totals and the monthly report. No names, no results.

The 10-person rule

No health totals until 10 people have checked up. Smaller groups merge into "Other", and counts of 1 to 4 show as "fewer than 5".

Totals fixed once a month

Worked out once, after each month or quarter closes, and never changed, so no one can be picked out.

No one's result by elimination

A test shows only when 10 or more people had it, and a result nearly everyone shares shows as "N or more".

Routine measures only

Blood pressure, pulse, oxygen, BMI, sugar, cholesterol, haemoglobin and uric acid. Rapid tests are never counted.

Stored in India

Records stay on Cloudspital's servers in India, and nothing from the console goes to any AI service.

Leave at any time

People can leave in the app whenever they like, and keep their card, records and app.

Before any list is uploaded, your gym signs a data-processing agreement with us. Gym programmes are for members aged 18 and over.

Our privacy policy
Scan, or visit
cloudspital.ai/privacy-policy

09 WAYS TO RUN THE PROGRAMME

More than the mirror. Progress in numbers.

A Health ATM can welcome new members, mark their progress and set your gym apart. These are the patterns we suggest.



A baseline on day one

Weight, body composition, blood pressure and sugar when a member joins, in their own app.

Progress every quarter

A check-up every three months shows change beyond the mirror, on one timeline.

A check before a new goal

Members see their blood pressure and pulse before a tougher programme, and can see a doctor if a reading needs it.

Doctors on video

When a reading needs a second look, members book a verified doctor in the app.

A members' benefit

Include check-ups in premium plans, or run a health week for every member.

Private by design

Trainers and managers never see a member's results. Members can show their own report if they choose.

Gym programmes are for members aged 18 and over. Nobody joins until they say yes in the app, and anyone can leave at any time.

10 THE HEALTH ATM RANGE

The right Health ATM for your gym.

Ten Health ATMs and the AI Health Pod, from 48 to 170 tests. Start with the tests you need today and step up later: every model runs on the same platform.



CPL-HA-01 to CPL-HA-06

Compact Health ATMs

48 to 106 tests

Vitals, body composition, blood and urine tests and rapid tests, stepping up to ECG, lipids, HbA1c, lung function and immunoassay.



CPL-HA-07 to CPL-HA-10

Full-body Health ATMs

121 to 170 tests

Adds a complete blood count, sickle cell screening, liver and kidney function and the AI face scan. Arc Max is our bestseller.



CPL-HA-AIPOD

AI Health Pod

170 tests, walk-in

A private, climate-controlled walk-in booth that runs the complete 170-test menu, with a doctor on video inside the pod.

MODEL	NAME	TESTS	PANELS	DEVICES
CPL-HA-01	Entry Health ATM	48	4	10
CPL-HA-02	Health ATM with 12-lead ECG	49	5	11
CPL-HA-03	Check-up kiosk with lipid profile SUGGESTED	54	6	12
CPL-HA-04	Health ATM with HbA1c and ENT camera SUGGESTED	60	7	14
CPL-HA-05	Health ATM with spirometer and foetal Doppler SUGGESTED	88	9	16
CPL-HA-06	AI Health ATM kiosk	106	12	17
CPL-HA-07	Health ATM with CBC and sickle cell screening	121	14	19
CPL-HA-08	Health ATM with LFT, KFT and CBC	135	16	20
CPL-HA-09	AI face scan Health ATM SUGGESTED	163	17	21
CPL-HA-10	Arc Max BESTSELLER	170	18	22
CPL-HA-AIPOD	AI Health Pod	170	18	22

Suggested for a gym. We suggest CPL-HA-03 (lipid profile) or CPL-HA-04 (adds HbA1c). Sports and performance clubs can add lung function with CPL-HA-05, or the AI face scan with CPL-HA-09.

Every model, in detail
Scan, or visit
cloudspital.ai/products

Kiosk images are illustrative. Each model's data sheet lists every test and method; your proposal names the models for each site.

11 WHAT A CHECK-UP COVERS

Up to 170 tests in 18 clinical panels.

The panels below are the full menu on Arc Max and the AI Health Pod; smaller models carry the panels shown against them. Every check-up ends with a Smart Health Report.

CLINICAL PANEL	METHOD	AVAILABLE ON
Vitals and body composition	Contact sensors, bio-impedance platform, ultrasonic height sensor	Every model
Blood tests, finger prick	Single-parameter strips	Every model
Urine analysis	11-parameter reagent strip, automated reader	Every model
Rapid diagnostic tests	Test cassettes with AI-assisted reading	Every model
12-lead ECG	Resting ECG with automated interpretation	CPL-HA-02 and up
Lipid profile and HbA1c	Point-of-care analyser, finger prick	Lipids from CPL-HA-03, HbA1c from CPL-HA-04
ENT, skin and oral imaging	Digital otoscope, dermatoscope and intraoral camera	CPL-HA-04 and up
Spirometry (lung function)	Digital spirometer	CPL-HA-05 and up
Foetal Doppler	Foetal Doppler probe	CPL-HA-05 and up
Thyroid, vitamin D and hormones	Fluorescence immunoassay	CPL-HA-06 and up
Cardiac and inflammatory markers	Fluorescence immunoassay	CPL-HA-06 and up
SARS-CoV-2 tests	Fluorescence immunoassay	CPL-HA-06 and up
Complete blood count (CBC)	Haematology analyser	CPL-HA-07 and up
Sickle cell screening	Haemoglobin variant analyser	CPL-HA-07 and up
Liver function (LFT)	Closed-reagent dry-chemistry analyser	CPL-HA-08 and up
Kidney function (KFT)	Closed-reagent dry-chemistry analyser	CPL-HA-08 and up
AI face scan	30-second contactless camera scan; wellness indices	CPL-HA-09, Arc Max, AI Health Pod
3-part WBC differential	Haematology analyser	Arc Max and AI Health Pod
All 18 panels: up to 170 tests	**Arc Max and the AI Health Pod**	

Screening, not diagnosis. Screening results support clinical decisions; diagnosis and treatment stay with qualified clinicians. Reactive or abnormal rapid tests and sickle cell results are referred for confirmatory testing.

Wellness indices. Face-scan readings are wellness indices, not a diagnosis. The haematology analyser reports a 3-part differential. Tests vary by model; your proposal lists every test for the models you choose.

12 GETTING STARTED

Up and running in weeks. Supported for years.

We deliver, install and train; you sign the agreement, upload the list and read the reports. Here is how a typical site goes live.

1 START
Agreement
Sites, the number of cards and the data-processing agreement.

2 10 DAYS
Delivery
Your Health ATMs arrive, ready to install.

3 7 DAYS
Installation
Every test shown live, and the people who run it trained.

4 LAUNCH
Invitations
Upload your list, share the join link or put up your QR poster.

5 ONGOING
Check-ups
People check up on site; reports go to their app.

6 MONTHLY
Monthly report
After each month closes, the console shows the group's totals.

Cloudspital provides

- Health ATMs, delivered, installed and calibrated
- Training for the people who run them
- HealthMatrix cards for the people you choose, and the app
- The partner console and the monthly report
- Verified doctors on video, through the app
- Service and spares under the 5-year warranty

Your gym provides

- A space near the front desk, with a power point
- A staff member to run check-ups, trained by us
- Your members' list: names and mobile numbers
- One or two managers as console admins
- The signed data-processing agreement
- Telling your members about the programme

Service you can plan around

5 years
Comprehensive on-site warranty: spares, labour, calibration and software updates.

95%
Quarterly uptime for every Health ATM.

24 hours
Response to a service call, with on-site resolution within 72 hours.

7 years
Spares and service, with preventive maintenance every quarter.



INSTALLATION
Arc Max, installation day

On installation day

Our engineers install and calibrate each Health ATM, show every test live and train the people who will run it, in Hindi and English. The Health ATM is designed to be run by a trained operator.

13 WHY CLOUDSPITAL

Built in India. Proven in public health.

Governments, public-sector companies, hospitals and enterprises run Cloudspital programmes, through our own teams and authorised partners.

16 lakh+
screenings recorded on our Health ATMs and kiosks

1,500+
units in government installations, pan-India

12+
government contracts

19 + states
and a presence in 6+ countries



HOSPITAL
AIIMS tele-ICU kiosk


ON SITE
DSMS, Durgapur, West Bengal



COMMUNITY
Rotary Club, Mehsana, Gujarat

- AIIMS Patna's 39-unit tele-PICU network
- DPIIT-recognised startup and GeM OEM vendor
- Designed and built at Greater Noida, 300 units a month
- Our own software, hosted in India

Trusted across India

Public-sector companies, enterprises and institutions

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14 START WITH A PILOT

Bring check-ups to your gym.

Start at one branch and see how your members use it. We'll size the Health ATM and the plan to your gym.



01 **Tell us about your gym**
Your branches, and how many members train at each.

02 **We propose the Health ATM and the plan**
The right model, the cards and the timeline.

03 **Your members join, and check-ups begin**
Delivery in 10 days, installation in 7, and the first monthly report after the first month closes.

Request a proposal →

Talk to us

Ask for a proposal, a demo, or the data sheet of any model.

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The partner programme
Scan, or visit
cloudspital.ai/healthmatrix-partner-programme

Send us an enquiry
Scan, or visit
cloudspital.ai/book

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CloudSpital+ Health Matrix

HealthMatrix is by Cloudspital. Kiosk images are illustrative, lifestyle photographs are AI-generated illustrations, and app screens use demo data. Screening results support clinical decisions; diagnosis and treatment stay with qualified clinicians.
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